

The Chico AAUW Grapevine



American Association of University Women - Chico Branch Vol. 33 No. 5 Jan 2021

Next Event...

Jan Fishler - Author and Inspirational Speaker

Sunday, January 24 at 3 p.m.

Zoom on your computer

AAUW advances gender equity for women and girls through advocacy, education, and research.

By joining AAUW, we belong to a community that breaks through educational and economic barriers so that all women and girls have a fair chance.

AAUW membership is open to all graduates holding a recognized associate (or equivalent), baccalaureate, or higher degree from a qualified educational institution.

In principle and in practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability, or class.

We wanted to start the new year with an upbeat, useful, and interesting topic of discussion. Our speaker is both qualified and highly motivated to help us explore the idea of getting the most out of life. Jan Fishler is an author of four books and has written articles and blogs about writing. She loves speaking to groups on topics that inspire and make people laugh. Ms. Fishler is also a writing coach and teaches online writing courses

As she states on her personal web site "Now that I'm into the second half of life, I'm using my gift of gab to inspire and motivate women like me (and a few men) who want to make the next half of life the best half. For me, the only thing that's more fun than writing a book is talking about it."

Her most recent book, *Don't Stop Now: Making the Most of the Rest of Your Life*, was co-authored with Elle Gianforte and written especially for mid-life women who are in the process of figuring out what's next.

The book covers eight important areas: Physical Health, Emotional Wellness, Finance, Relationships, Behaviors, Appearance, Learning Something New, and Giving Back and is packed with ideas and inspiration that leads to thoughtful action.

Jan has a BS in English literature and creative writing from Ohio University and an MS in educational technology and instructional design from California State University, San Francisco.



SAVE THE DATE: - Saturday, February 6, 2021 at 11:30 a.m.

North Valley Interbranch Council Annual Meeting

All members invited - see following page for details

President's Corner

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Jan Britton

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Welcome 2021! The new year is actually here at last and it is full of hope in so many ways, which is also a focus of January's general meeting. We wanted the presentation to offer ideas in which we can find fresh life experiences for each of us and for our group this year.

This fun and uplifting presentation is scheduled for Sunday, January 24, at 3 p.m. on Zoom. The speaker is author, Jan Fishler, who loves talking with women about topics that help us improve our lives after we reach age 50. Fishler is the co-author of *Don't Stop Now: Making the Most of the Rest of Your Life*. A fifty something herself, Fishler seeks to motivate women who look for answers and suggestions about what they can do when they are retired, or close to it.

At this time, women are often also experiencing "empty nests" and relationship changes with kids, parents, friends, and husbands. She draws on more than a year of interviewing women all over the country in order to answer the question *What do we do now that we are older?* The book was written to encourage and inspire women over 50 to keep reaching higher, to be their best selves, and to maintain vitality in any way they can. The goal of the book is to remind women that life doesn't stop after 50 or 70. As the authors state, "We want to encourage our readers to realize that the rest of their lives can be the best of their lives." See book order form on page 3.

I am hoping you can all attend and enjoy this meeting. For those of you who don't yet have Zoom, we can help you install it. Once installed, you can receive Zoom on your phone, tablet, or laptop computer, as well as desk top computers. We wanted to start with a fun, and valuable meeting in January 2021 and Zoom will help you join us.

Jan Britton

Chico AAUW President

North Valley IBC Annual Meeting Saturday, Feb. 6, 2021 at 11:30 a.m.

During February we celebrate the life and legacy of Dr. Martin Luther King Jr. Because of this important figure in our history, we wanted to take the opportunity this offers to focus on what AAUW is doing to minimize America's racial divide. What new programs have been developed by AAUW California's Public Policy Committee? Kathleen Harper, AAUW-CA Public Policy co-director, will be our guest speaker. We will learn about AAUW's policies relating to issues of race. We also want to know how local branches can reach out to develop relationships and recruit new members so that we all can work together to eliminate racial divisions in our state.



This will be a Zoom meeting to which all members of branches in the North Valley Interbranch Council are invited. Expect to receive a Zoom link about a week before the event.

The CHICO GRAPE-VINE is published by the Chico Branch of AAUW. Items for inclusion can be mailed to Jana Lawton, newsletter editor, 1112 Bidwell Avenue, Chico, CA 95926 or e-mailed to jdlawton72@gmail.com (preferred)

Branch News and Notes



Jan Britton, along with Linda MacMichael, and Kathy Sweet, delivered our gifts to Catalyst in support of two families. All wishes on their lists were fulfilled. Thanks to everyone who made a contribution. More information next month.

AAUW CALIFORNIA PUBLIC POLICY TEAM ANNOUNCES FIRST VIRTUAL LOBBY DAY!

On March 24, 2021, AAUW California in conjunction with our new advocacy firm, MVM Strategy Group, will be conducting a virtual Lobby Day with our legislators in Sacramento. This is a terrific opportunity for branch members to get involved in the public policy process by helping the state Public Policy (PP) Committee advance our legislative goals for 2021-22. It's also a great way to meet your local legislators and let them know how you, through AAUW, are helping their constituents in your communities.

Interested branch members can register [HERE](#) by January 8, 2021.

All participants will be given full training in a Zoom webinar on March 22, 2021, at 7:00 p.m. Click [HERE](#) to register for "How to Talk to Your Legislators."

If the "hot links" on this page fail to work when trying to register for any of the above meetings, you can also sign up on the AAUW California website (www.aauw-ca.org).

To help us get ready for the talk on January 23, and to formulate questions for our author, Fishler has reduced the price of her book, *Don't Stop Now*, to \$10 (which is half off). In order to purchase one before the meeting, and help us know how many to order in advance, please fill in the order form below and send it to Jan Britton by January 9. Although Ms. Fishler is not a local resident, she has graciously agreed to deliver all books you order to Jan.

Send the form below to Jan Britton, PO Box 1498, Chico, CA 95927 with the \$10 check (payable to Jan Britton) included. Jan will arrange for a time and date for all of you to pick up the book.

Name: (first and last)

Your Address:

Phone Number:

I have included a \$10 check payable to *Jan Britton*. Circle Yes

Do you need help installing Zoom? Circle Yes or No



Evening Book Group will have a Zoom meeting on Tuesday, Jan 12. Discussing *Elephant Company* by Vicki Croke. Call Sue Blizman (530) 891-3489 for more information or if you would like to join the discussion.

Mystery Book Group Call or email Denise Worth if you want to join the Zoom discussion. (530) 343-5711 or dworth@csuchico.edu

Ethnic Writers Book Group is reading *Dear Mrs. Bird* by English author A J Pearce. Call Severance if you would like to join the Zoom discussion on January 27 at 1 p.m.

Foreign Policy Discussion Group would love to add one or two new members for the 2021 Great Decisions sessions. Call Roxanne for more information (530) 891-1722. Discussions will start in February.



TRIVIA RETURNS on January 17, 2021 at 3:00 p.m.

Many members enjoyed our Trivia games so much that they asked for another opportunity to play in January. Our Trivia host, Jeff, will put together 3 new rounds, with an estimated time of 90 minutes using the same format as last time (2 general knowledge rounds of 10 questions each, with a music round in between). He agreed to focus on music

from the 50's-70's this time. Members will be randomly assigned to teams by the host.

If you missed Trivia in December, you are still welcome to try your hand this month. We welcome all who are interested. This time, we must individually pay to play. Marilyn Myrick has agreed to handle the logistics again. If you want to participate, do two things (1) call (530) 520-1543 or email (myrick.marilyn@gmail.com) Marilyn by January 12 to secure your reservation (participants will receive a Zoom link). (2) Mail Marilyn \$10 and she will pay our group fee with one check.. You are still welcome to amp up your team's brain power and have a spouse or friend play with you on Trivia afternoon for the one \$10 entry fee as long as you are on the same Zoom link.

1112 Bidwell Avenue
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